



Vanessa Armorer, CPC

Certified Coach | Strategic Advisor | Facilitator

Vanessa Armorer is an experienced coach and leadership executive dedicated to helping individuals and organizations reach their full potential. With over 25 years in leadership roles, Vanessa has a proven track record of driving growth and development through effective coaching and leadership strategies. She is the founder of Your STRIDE Solutions which specializes in coaching, consulting, and speaking services.

As a certified professional coach, Vanessa specializes in empowering individuals to achieve their personal and professional goals. Her coaching approach is rooted in empathy, authenticity, and a deep understanding of human behavior focusing on guiding clients from simply striving in life, to finding ways to STRIDE – take long decisive steps toward a set goal. Clients describe her as a trusted advisor who helps them navigate challenges, develop new skills, and unlock their true potential.

In addition to her coaching work, Vanessa is a sought-after strategic advisor and facilitator, known for her ability to guide groups through complex processes and foster collaborative environments.

Outside of work, Vanessa enjoys spending time with family and friends at local coffee shops or over a home-cooked meal. She is passionate about giving back to her community and volunteers her time with her church and several nonprofit organizations.