



SOPHIA CASEY, MCC

Founder & CEO

ICLI RISING Coach Training & Certification Institute

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Sophia Casey is an International Coaching Federation (ICF) Master Certified Coach (MCC), a globally recognized keynote speaker, executive coach, and leadership consultant. She is the Founder & CEO of Sophia Casey Speaks, and ICLI RISING, an ICF-accredited coach training and leadership development institute, where she has trained, mentored, supported, and coached thousands of leaders and professional coaches. She is also the Co-Founder and Vice President of the International Black Coaches Alliance (IBCA), a global nonprofit organization committed to advancing visibility, opportunity, community, and economic empowerment for Black coaches worldwide.

Sophia previously served as Director of First Impressions for a task force for the former Vice President of the United States and has led enterprise-wide leadership development initiatives supporting thousands of professionals across public and private-sector organizations. Her clients and audiences have included organizations such as Google, TJ Maxx, BetterUp, and Dress for Success. Sophia is also an eight-time published and bestselling author whose work has been featured on Fox News, NBC, CBS, and SUCCESS Magazine.

A highly sought-after keynote speaker, Sophia Casey has spoken internationally on leadership, coaching excellence, organizational performance, and professional development. She is widely recognized as a thought leader within the coaching profession and has served in several influential leadership and advisory roles across the International Coaching Federation (ICF), including the ICF DEIB Global Council, the reinvention efforts connected to the ICF Mentor Coaching and Coach Supervision competencies and processes, and as the former inaugural lead for the ICF Coach Education Assessor Community. Sophia also served as the featured spokesperson and demonstration coach for the official 2025 ICF Core Competency #8: Facilitates Client Growth video, a global educational resource used by thousands of coach education organizations, training programs, mentor coaches, assessors, and credential-seeking coaches around the world. Her contributions continue to influence the evolution of coach education, mentor coaching, assessor development, and professional coaching standards globally.